



# CLEANING AND DISINFECTING OUR COMMUNITY KITCHENS

## 1. Most-used, high-touch surfaces

- **COVID-19 can survive for hours to days on surfaces made from a variety of materials.** This is why it is important to ensure all surfaces and commonly touched objects are cleaned and then disinfected regularly.
- Surfaces frequently touched with hands are most likely to be contaminated. These include doorknobs, handrails, switches & buttons, cabinet handles, faucets, tables, counter-tops and washrooms. It includes kitchen calculators, scales, and communal ingredient containers (flour, sugar, spices, salad dressing, etc.)

## 2. Cleaning AND disinfecting

- Cleaning removes germs and dirt using soap and warm water. **It does not kill all the germs**, but it does lower their numbers and the risk of spreading infection.
- **Disinfecting** kills germs on surfaces using chemicals.

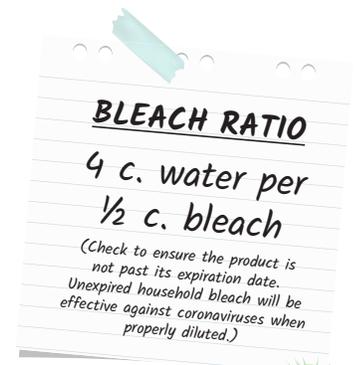
## 3. Use recommended/approved disinfectants

- **Not all cleaning agents are effective in destroying the virus.**
- Health officials recommend using a diluted bleach solution or an alcohol cleaning solution with at least 70% alcohol. Commercial strength hydrogen peroxide is also effective, and sometimes preferred because it's odourless.
- **Disinfection ratios and safe handling instructions will be found on the containers**



### List of cleaners you can use to kill the coronavirus:

- Bleach solutions
- Alcohol-based cleaners with at least 70% alcohol.
- Commercial Hydrogen Peroxide
- Household disinfectants like Clorox and Lysol
- What won't work on coronavirus?  
Vodka, lemon, homemade hand sanitizer, or vinegar.
- Wear gloves when handling cleaning products



## 4. Guidelines for establishing new routines

- Be gentle and patient; smooth routines will not happen on the first day. This will take some discussion and negotiation. These new changes will be challenging for everyone.
- New routines become easier with time, and they also bring peace of mind knowing we are doing all that we can to prevent the spread of COVID-19.

*“Finally the whole world is cleaning like Hutterites, and we can’t even enjoy being right because we have to stay home!”*

*- Hutterite Women everywhere -*



Any questions or concerns please contact HSC directly at:  
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