

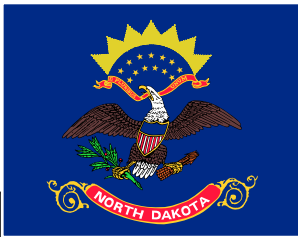


### CDC Guidelines for North Dakota

Because we are experiencing a rapidly changing situation, guidelines may also change frequently.

#### COVID-19 Cases as of April 1, 2020

**142 Cases**



State	Number of Cases	Deaths	Recovered
Minnesota	689	17	288
Montana	217	6	0
<b>North Dakota</b>	<b>142</b>	<b>3</b>	<b>34</b>
Oregon	736	19	0
South Dakota	129	2	51
Washington	5,895	254	563
<b>United States</b>	<b>215,081</b>	<b>5,109</b>	<b>8,878</b>

### What the CDC Guidelines are saying

<b>Physical Distancing</b>	<ul style="list-style-type: none"> <li>▪ <b>Physical distancing</b> is also sometimes called “social distancing.” Physical distancing is <b>deliberately increasing the space between people to avoid spreading illness.</b> Stay at least two meters/six feet (visualize two arm-lengths) away from other people to lessen your chances of catching COVID-19.</li> </ul>
<b>Self-Isolation</b>	<ul style="list-style-type: none"> <li>▪ <b>Self-isolation</b> means staying home and avoiding other people when you could make them sick. This is because it is possible to infect others even before you feel symptoms. Self-isolation is necessary to curb the spread of illness and ensures that your loved ones will not get sick.</li> </ul>
<b>North Dakota COVID-19 Response</b>	<ul style="list-style-type: none"> <li>▪ Governor Burgum has issued numerous Executive Orders directing local authorities and individuals to follow CDC guidelines in their response to COVID-19.</li> <li>▪ CDC guidelines recommend varying degrees of isolation, depending on the community spread of the virus. The number of counties with community spread is growing daily.</li> <li>▪ Therefore, the Hutterite Safety Council COVID-19 task force recommends that North Dakota Hutterite communities implement the social distancing strategies on this bulletin. These are consistent with CDC guidelines and neighboring Minnesota orders.</li> </ul>
<b>Maximize Physical Distancing</b>	<ul style="list-style-type: none"> <li>▪ When community spread is confirmed, most states issue a Stay Home Order to maximize physical distancing. Typically, all social gatherings are prohibited and non-essential businesses are shut down. People are asked to remain in their homes and venture out only for essential reasons, such as buying groceries and other necessary supplies and services.               <ul style="list-style-type: none"> <li>• All non-essential travel should be stopped.</li> <li>• Exempted activities include urgent health and safety activities, care for others, and outdoor activities like fishing, biking, walking, jogging (while maintaining six-foot physical distancing)</li> </ul> </li> </ul>

<p><b>Events:</b>  Lehr und Gebet  Communal Meals  Essenschuel  Sonntagschuel  Choir Practices  Funerals  Other Gatherings</p>	<ul style="list-style-type: none"> <li>▪ Stay Home orders impact all our cherished communal events. The orders require that all events that bring groups of people together should be cancelled or postponed. Please think about how these community events are affected. <ul style="list-style-type: none"> <li>• Remember, these regulations are always meant to be <b>temporary</b>.</li> <li>• At greatest risk to the virus are the elderly, those with respiratory illnesses, severe asthma, serious heart conditions, severe obesity, diabetes, and other illnesses that compromise the immune system.</li> </ul> </li> </ul>
<p><b>Workplaces:</b>  Manufacturing  Barns  Shops</p>	<ul style="list-style-type: none"> <li>▪ Stay Home Orders require all non-essential businesses to close. Agricultural, food-producing businesses, health care related businesses, and many others are considered essential and remain open. Not all manufacturing is considered essential.</li> <li>▪ State orders and CDC guidelines require that all business operations that remain open must take measures to ensure compliance with social distancing requirements. Typically the following CDC based guidelines are specified: <ul style="list-style-type: none"> <li>• <b>Designate six-foot distances</b> between employees and customers. This must be clearly marked by appropriate signage, tape, or by other means.</li> <li>• <b>Hand sanitizer and sanitizing products</b> must be readily available for employees and customers.</li> <li>• <b>Separate operating hours</b> must be established for vulnerable populations such as seniors, and vulnerable customers.</li> <li>• <b>Online and remote access alerts</b> should be posted online so that customers know whether a facility is open and how best to reach it. As much as possible, services should be continued by phone or remotely.</li> <li>• By extension, carefully consider <b>shipping interactions</b> that take place on a daily basis, such as UPS, FedEx, USPS, Spee-Dee pick-ups, and deliveries. Develop protocols that ensure physical distancing and proper package sterilization.</li> </ul> </li> <li>▪ Communities that engage in trucking may want to consider living arrangements that minimize or eliminate the truck driver's contact with vulnerable people in their communities.</li> </ul>
<p><b>Schools,  Gyms, and  Klanaschuel</b></p>	<ul style="list-style-type: none"> <li>▪ To help limit the spread of COVID-19 across communities, Governor Burgum has ordered all public and non-public schools in the state closed to students until further notice.</li> <li>▪ State law requires that schools ensure continued learning for students, and staff may continue to use the schools to allow for distance learning. At the same time, staff must practice social distancing strategies.</li> <li>▪ For the safety of our children, school closures should include deutsche Schule and Klanaschuel. While playing, children should be instructed in physical distancing and supervised to ensure it.</li> <li>▪ Governor Burgum also ordered all recreational facilities and athletic facilities closed temporarily. This includes community play structures and gyms.</li> </ul>
<p><b>Mandatory  Isolation after  International  Travel  &amp; Mandatory  Reporting of  Illness</b></p>	<ul style="list-style-type: none"> <li>▪ All individuals traveling back to North Dakota from other states or international locations that are classified as having widespread disease by the CDC (monitor website for updates) must quarantine immediately upon reentry to the state of North Dakota for a period of 14 days.</li> <li>▪ If you, or any members of your household, develop any of the symptoms associated with Covid-19, you must contact the state or local health departments immediately.</li> <li>▪ Symptoms include fever, cough, shortness of breath, body aches, headache, chills, or sore throat.</li> <li>▪ Breaking a quarantine order may result in 30 days imprisonment and/or up to \$1500 fine.</li> </ul>

*\* This information has been compiled based on various federal and state government sources and is intended as information only. It does not constitute legal advice.*

Any questions or concerns please contact HSC directly at: [hbcovid19@gmail.com](mailto:hbcovid19@gmail.com)

