



# COVID-19

CORONAVIRUS

BULLETIN #6 March 26, 2020



## Current Regulations in British Columbia

Because we are experiencing a rapidly changing situation, regulations may also change frequently.



COVID-19 Cases as of March 26, 2020

Province	Number of Cases	Deaths	Recovered
Alberta	486	2	27
<b>British Columbia</b>	<b>725</b>	<b>14</b>	<b>186</b>
Manitoba	36	0	0
Saskatchewan	95	0	0
<b>Canada</b>	<b>4,043</b>	<b>39</b>	<b>225</b>



## What the British Columbia Laws are saying

### Physical Distancing

We would like to remind people to consider how physical distancing and self-isolation will impact baptism and communion services (Taufest und Abendmahl).

- Physical distancing is also sometimes called “social distancing.” When you are exposed to an illness, there is a time between exposure and when you begin to feel symptoms. This incubation period is typically **two to ten days** for COVID-19, but it can also last up to **14 days**. Therefore, there is a chance you will spread the virus before you feel sick. This is when physical distancing becomes important.
- Physical distancing is deliberately increasing the space between people to avoid spreading illness. By increasing interpersonal space, you decrease the chance of catching a virus and/or spreading it to others. Stay at least **two meters/six feet** (visualize two arm-lengths) away from other people to lessen your chances of catching COVID-19.

### Self-Isolation

- Self-isolation means staying home and avoiding other people when you could make them sick, especially if there is a likelihood you are carrying the virus. This is necessary to curb the spread of illness.
- Additionally, self-isolation may mean staying in a separate area of your home if you are more likely to be exposed than those living with you. This includes using your own bathroom and eating meals alone. **DO NOT** attend activities or gatherings during this time including work, school, and *Gebet*.
- Self-isolation is essential to ensure your loved ones do not get sick and spread the illness to others.

<p><b>Max. Gathering Size 50</b></p>	<ul style="list-style-type: none"> <li>Public and private gatherings of any kind of more than <b>50 people</b> are prohibited.</li> <li>Whenever people gather in groups, even very small groups, <b>two-meter (6 ft.)</b> distancing between people must be maintained.</li> </ul>
<p><b>Events</b> <i>Lehr und Gebet</i> <b>Communal Meals</b> <i>Essenschuel</i> <i>Klanaschuel</i> <b>Singing Practise &amp; Singing</b> <b>Other Gatherings</b></p>	<ul style="list-style-type: none"> <li>Events with more than <b>50 attendees</b> must be cancelled or reduced to <b>50 or fewer</b> attendees. This includes meetings, community events, worship gatherings, including family events such as weddings and funerals.</li> <li>Communities should practice social distancing in places of worship, communal kitchens, <i>Essenschuel</i>, and food processing facilities.</li> <li>Physical distancing requirements call for creativity. For example, communities may need to consider two spaces or two different times for communal meals and church services.</li> <li>Flexibility and exceptions should be made for vulnerable community members and remind congregants to not come to services, meetings, or events if they feel unwell.</li> <li>Avoid greetings that involve touching, such as handshakes or embracing.</li> <li>Consider safe methods of sharing communion wine and bread so as not to endanger the elderly and those with underlying medical conditions.</li> <li>Physical distancing will become critical once a community has people who have COVID-19. Communities are encouraged to have plans in place to separate people if they become ill.</li> <li>Leaders must encourage people to follow public health advice and promote physical distancing in all aspects of community life.</li> </ul>
<p><b>Schools, Gymnasiums, &amp; Klanaschuel</b></p>	<ul style="list-style-type: none"> <li><b>School:</b> All public schools are suspended to help limit the spread of COVID-19 across communities. While classroom lessons are suspended COMMA it is expected that schools will implement a variety of measures to ensure continued learning for students. For the safety of our children, this includes <i>deutsche Schule</i>, and children should be instructed in physical distancing.</li> <li><b>Klanaschuel:</b> Daycares have been deemed a necessary service, so they can stay open. However, physical distancing must be practiced.</li> </ul>
<p><b>Workplace: Barns and Shops</b></p>	<ul style="list-style-type: none"> <li>Practice <b>two-metre (6 ft.)</b> physical distancing between people in the workplace.</li> <li>At the first sign of a cough or fever, self-isolate for <b>14 days</b>.</li> <li>Cough and sneeze into your elbow or tissue and wash your hands often.</li> </ul>
<p><b>Mandatory Isolation after International Travel</b></p>	<ul style="list-style-type: none"> <li>Upon returning to Canada, all community members <b>MUST</b> self-isolate for <b>14 days</b>.</li> <li>BC Mandatory Isolation after international travel: Truckers are exempt from this, but only if their travels are required to ensure the continued flow of goods and services, and those who provide essential services. Community and business leaders must insure these people practice careful physical distancing, self-monitoring, and contact local public health authorities if they feel sick.</li> <li>If symptoms develop, such as fever, cough, shortness of breath, and difficulty breathing, contact your healthcare provider at <b>811</b>, your local public health unit, or complete the COVID-19 Symptom Self Assessment tool by visiting <a href="https://bc.thrive.health/">https://bc.thrive.health/</a>.</li> </ul>
<p><b>Mandatory Facility Closures</b></p>	<ul style="list-style-type: none"> <li>Recreational facilities, like gyms, have been closed.</li> <li>Outdoor playgrounds are still permitted, but physical distancing should be practiced as much as possible.</li> </ul>

\* This information has been compiled based on various federal and provincial government sources and is intended as information only. It does not constitute legal advice.

Any questions or concerns please contact HSC directly at: [hbcovid19@gmail.com](mailto:hbcovid19@gmail.com)

